

USA GYMNASTICS

April 30-May 2
2010

Level 9 Eastern
Championships

Charleston Civic Center



USA
GYMNASTICS

maverickgym.com

The Wonders of West Virginia

CONGRATULATIONS!
WELCOME TO LEVEL 9 USAG
EASTEN CHAMPIONSHIPS!
**CONGRATULATIONS ON QUALIFYING
2010 LEVEL 9 EASTERN CHAMPIONSHIPS!**

Dear Gymnasts, Coaches & Parents,

Congratulations on your qualification to the 2010 Level 9 Eastern Championships! There have been many, many hours dedicated to achieving this step in your competitive season and Charleston, West Virginia is honored to host this event for you. Our hope is to make this an event that will generate life long memories. We hope you will enjoy all aspects of the Easterns weekend from the Welcome Banquet, Thursday evening, to visiting the areas of entertainment and beauty our City and State has to offer.

The Championships are scheduled for April 30 - May 2, 2010 at Charleston Civic Center in Charleston, WV. All Hotels and the venue are within a 10 min. drive from convenient Yeager Airport (CRW)

We look forward to being your host and invite you to explore the city while you are in town. The Charleston Convention and Visitors Bureau have provided information on what to do and see in Charleston and the surrounding area. You will find Charleston to be a wonderful place during your stay with us.

Take time to review all packet information. Please NOTE **deadlines**.

If there is any anything that we can do to make it a better experience, please do not hesitate to give us a call:

(304-550-6049) cell

(304-925-3004) office

WVTEXN@AOL.COM E MAIL

We look forward to having you at the 2010 Level 9 Eastern Championships!

Sincerely,
Billy Bob Taylor
Meet Director

**2010 USA Gymnastics Women's Jr. Olympic
Level 9 Eastern Championships
April 29 - May 2, 2010**

Location: Charleston Civic Center
200 Civic Center Drive
Charleston, WV 25301

Meet Director: Billy Bob Taylor, wvtexn@aol.com

Mailing Address: Maverick Gymnastics
3406 Chesterfield Ave.
Charleston, WV 25304
304.925.3004 (office)
304.550.6049 (cell)

Entry Fee: \$100.00 per athlete
All entry fees should be payable to:
Maverick Big Dog Events
Send all fees to the Meet Director

Meet Format: Modified Capitol Cup
(two complete sets of equipment)

Supplier WEGA Gymnastics Supply
Equipment: AAI Elite Apparatus
Palmer Spring Floor

Event Admission: \$10.00 General Admission
\$ 2.00 Child Admission (under 12 years old)
One admission covers the full weekend
Pay once, watch every session

Hotel
Information: National Travel System Sports Travel Division
888.603.8747

<http://www.ntssportstravel.com/book/apr10/womenseasterns.shtml>

Program Information

Submission Deadline: Wednesday, April 21, 2010. <<<<

Regional Teams will have their team photograph in the program at **no cost**.

Seniors will have their bios and photographs included in the program at **no cost**.

All other submissions: Good Luck ads, Summer Camps, Positions Available ads, etc.

\$ 10.00 1/8 page (business card size)

\$ 30.00 1/4 page

\$ 55.00 1/2 page

\$100.00 full page

- **Commemorative** T-shirts and apparel will be available at the Event
- **GOOD LUCK BANNER** .. Banner placed in venue of individual athletes.
\$70.00

2010 USA GYMNASTICS WOMEN'S JR. OLYMPIC LEVEL 9 EASTERN CHAMPIONSHIPS

Charleston Civic Center, Charleston, WV April 29-May 2

Host: Maverick Gymnastics, contact: Billy Bob Taylor E-mail: wvtexn@aol.com

Thursday, April 29

Training available at local gyms. Please see the Level 9 Easterns web site for information and available times.

6:30 - 9:00 PM Welcome banquet – Appalachian Power Park
8:00 - 9:00 PM Coaches meeting – Appalachian Power Park; Power Grill

Friday, April 30

COMPETITION DAY 1

SESSION I: COMPETITION FOR JUNIOR 1 & 2 DIVISION

8:30 - 9:00 Open stretch
9:00 - 9:15 March-in and Introductions for all Jr. 1 & 2 athletes
9:20 - 9:35 Flight 1 timed warm-ups
9:35 - 12:15 JR. 1 & 2 COMPETITION
12:15 - 12:45 Awards for Jr. 1 & 2's

SESSION II: COMPETITION FOR JUNIOR 3 & 4 DIVISION

12:30 - 1:00 Open stretch
1:00 - 1:15 March-in and Introductions for all Jr. 3 & 4 athletes
1:20 - 1:35 Flight 1 timed warm-ups
1:35 - 4:15 JR. 3 & 4 COMPETITION
4:15 - 4:45 Awards for Jr. 3 & 4's

SESSION III: COMPETITION FOR JUNIOR 5 & 6 DIVISION

4:30 - 5:00 Open stretch, plus timed warm-up on first event for Flight 1
5:00 - 5:15 March-in and Introductions for all Jr. 5 & 6 athletes
5:20 - 5:35 Flight 1 timed warm-ups
5:35 - 8:15 JR. 5 & 6 COMPETITION
8:15 - 8:45 Awards for Jr. 5 & 6's

Saturday, May 1

COMPETITION DAY 2

SESSION IV: COMPETITION FOR JUNIOR 7 & 8 DIVISION

8:30 - 9:00 Open stretch
9:00 - 9:15 March-in and Introductions for all Jr. 1 & 2 athletes
9:20 - 9:35 Flight 1 timed warm-ups
9:35 - 12:15 JR. 7 & 8 COMPETITION
12:15 - 12:45 Awards for Jr. 7 & 8's

SESSION V: COMPETITION FOR SENIOR 1 & 2 DIVISION

12:30 - 1:00 Open stretch
1:00 - 1:15 March-in and Introductions for all Jr. 3 & 4 athletes
1:20 - 1:35 Flight 1 timed warm-ups
1:35 - 4:15 SR. 1 & 2 COMPETITION
4:15 - 4:45 Awards for Sr. 1 & 2's

SESSION VI: COMPETITION FOR SENIOR 3 & 4 DIVISION

4:30 - 5:00 Open stretch, plus timed warm-up on first event for Flight 1
5:00 - 5:15 March-in and Introductions for all Jr. 5 & 6 athletes
5:20 - 5:35 Flight 1 timed warm-ups
5:35 - 8:15 SR. 3 & 4 COMPETITION
8:15 - 8:45 Awards for Sr. 3 & 4's

Sunday, May 2

COMPETITION DAY 3

SESSION VII: COMPETITION FOR SENIOR 5 & 6 DIVISION

8:00 - 8:30 Open stretch
8:30 - 8:45 March-in and Introductions for all Senior 5 & 6 athletes
8:50 - 9:05 Flight 1 timed warm-ups
9:05 - 11:45 SR. 5 & 6 COMPETITION
11:45 - 12:15 Awards for Sr. 5 & 6's

SESSION VIII: COMPETITION FOR SENIOR 7 & 8 DIVISION

12:00 - 12:30 Open stretch, plus timed warm-up on first event for Flight 1
12:30 - 12:45 March-in and Introductions for all Sr. 7 & 8 athletes
12:50 - 1:05 Flight 1 timed warm-ups
1:05 - 3:45 SR. 7 & 8 COMPETITION
3:45 - 4:15 Awards for Sr. 7 & 8s



2010 LEVEL 9 EAST/WEST CHAMPIONSHIPS

Draw by Region for starting event for each age group

Provided by Connie Maloney, USA Gymnastics Women's Jr. Olympic Program Director

3/11/2010

WESTERNS (Regions 1-4)

EASTERNS (Regions 5-8)

AGE GROUP	REGION 1	REGION 2	REGION 3	REGION 4		REGION 5	REGION 6	REGION 7	REGION 8
JR. 1	BARS	VAULT	BEAM	FLOOR		BARS	VAULT	BEAM	FLOOR
JR. 2	FLOOR	BEAM	VAULT	BARS		FLOOR	BEAM	VAULT	BARS
JR. 3	BEAM	BARS	FLOOR	VAULT		BEAM	BARS	FLOOR	VAULT
JR. 4	VAULT	FLOOR	BARS	BEAM		VAULT	FLOOR	BARS	BEAM
JR. 5	FLOOR	BEAM	VAULT	BARS		FLOOR	BEAM	VAULT	BARS
JR. 6	BARS	VAULT	BEAM	FLOOR		BARS	VAULT	BEAM	FLOOR
JR. 7	VAULT	FLOOR	BARS	BEAM		VAULT	FLOOR	BARS	BEAM
JR. 8	BEAM	BARS	FLOOR	VAULT		BEAM	BARS	FLOOR	VAULT
SR. 1	BARS	VAULT	BEAM	FLOOR		BARS	VAULT	BEAM	FLOOR
SR. 2	FLOOR	BEAM	VAULT	BARS		FLOOR	BEAM	VAULT	BARS
SR. 3	BEAM	BARS	FLOOR	VAULT		BEAM	BARS	FLOOR	VAULT
SR. 4	VAULT	FLOOR	BARS	BEAM		VAULT	FLOOR	BARS	BEAM
SR. 5	FLOOR	BEAM	VAULT	BARS		FLOOR	BEAM	VAULT	BARS
SR. 6	BARS	VAULT	BEAM	FLOOR		BARS	VAULT	BEAM	FLOOR
SR. 7	VAULT	FLOOR	BARS	BEAM		VAULT	FLOOR	BARS	BEAM
SR. 8	BEAM	BARS	FLOOR	VAULT		BEAM	BARS	FLOOR	VAULT

2010 USA GYMNASTICS JUNIOR OLYMPIC Level 9 EASTERN CHAMPIONSHIPS

Club Entry Form

Billy Bob Taylor, Meet Director • wvtexn@aol.com • 304.925.3004

Team Name: _____ USAG Club #: _____

Team Address: _____ Region: _____

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____ Email: _____

Please list attending coaches only

Coach: _____ USAG #: _____ Cell: _____

Coach: _____ USAG #: _____ Cell: _____

Coach: _____ USAG #: _____ Cell: _____

First Name	Last Name	USAG #	Date of Birth	Age Division	Citizen? Y/N
Please List Alternates Below – DO NOT INCLUDE IN ENTRY FEE					

All fees must accompany entry form. Total Athletes: _____ x \$100 = \$ _____

Please submit a single company check (do not include alternates) made payable to **Maverick Big Dog Events**

**2010 USA GYMNASTICS
LEVEL 9 EASTERN/WESTERN CHAMPIONSHIPS**

Individual Athlete Entry Form

This form MUST be collected by the Regional Administrative Committee Chairman or their designee at Regionals following each session.

The Club coach must complete the Club Entry Form after the last session in which they have gymnasts competing.

**PLEASE USE THE TAB KEY TO ADVANCE TO THE NEXT FIELD
OR PRINT CLEARLY**

This form (with the exception of the check-boxes) must be completed by each Regional competitor prior to the Regional Meet. After the completion of each session, Qualifiers and Alternates can then quickly check the appropriate box and submit it to the Regional person in charge of collecting Entry Forms.

Athlete First/Last Name: _____ **USAG #:** _____

Birth Date (MM/DD/YY): ____ / ____ / ____ **Age Division:** _____

Club Affiliation: _____ **State:** _____

Coach: _____ **Coaches' Cell phone: ()** _____

REGIONAL TEAM QUALIFIER

INDIVIDUAL QUALIFIER

ALTERNATE (1st or 2nd)

Region # _____

2010 Eastern Championship Banquet

KARAOKE  **"K-NOCKOUT"**



Thursday April 29, 2010

During Banquet
whenever the mood
hits you!

Show how your *unmmmm*
 Eastern Championship Team
can SING

Pick your song... "k-nock it out"

Brown Eyed Girl Girls Just wanna have fun
Bubbly Grease Mega Mix Footloose
Beautiful Nightmare Don't Stop the Music
This one's for the Girls All I wanna do---

or send me your choice

AWARDS PRESENTED.....

** Best Costumes
***** Best Vocals
***** Best Choreography
**** Best Overall performance



Come Join the FUN!!!



Thursday April 29, 2010

6:00- 9:00 p.m

Appalachian Power Park

Advance tickets \$35.00 CK or C.C.

(C.C.) WWW.ROWDYALLEY.COM

At the door \$40.00

Call: 304-925-3004

E-mail: WVTEXN@AOL.COM

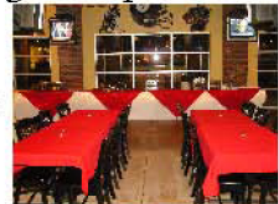
601 Morris St. Charleston, WV

Coaches Meeting 8:00 p.m.

Thurs.

April 29, 2010

Power Grill



Coaches and Staff
After the Derby Party
Saturday 9:00 p.m



Credentials Enter FREE

**2010 USA Gymnastics Junior Olympic
Level 9 EASTERN CHAMPIONSHIPS**

Banquet Order Form

Region _____ Pre orders \$35.00 Same Day \$40.00

Name: Indicate (A) Athlete (C) Coach (P) Parent (K) Karaoke K-nock Out

(Trophies for the contestants so I need to know rough numbers)

- () _____ Karaoke ()
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Make checks payable: **Maverick Big Dog Events**

Mail form(s) and Check(s) to:

Maverick Big Dog Events

3406 Chesterfield Ave

Charleston, WV 25304

Credit card info. 304-925-3004 OR WWW.ROWDYALLEY.COM Questions?? Call 304-550-6049